



# YOUR LENS MATTERS

Behavioral Lens	Neurobehavioral Lens
“He’s so manipulative.”	He experiences memory gaps and confabulates (learning and memory, communication skills).
“She’s really lazy. Nothing motivates her!”	She has difficulty initiating tasks and is overwhelmed with how to get started (executive functioning).
“He is always trying to get under my skin.”	He has low frustration tolerance. He is cognitively rigid. He gets stuck in obsessive behavioral and verbal loops (all executive functioning).
“She is acting like a baby and needs to grow-up.”	She is socially and emotionally young for her age (sometimes as much as half the chronological age).
“He doesn’t care about anyone else and only cares about himself.”	He is unable to put himself in someone else’s shoes and see another person’s perspective (abstract thinking).
“She has to have it her way all the time or watch out...”	She has difficulty with change, is very rigid in her thinking, is unable to shift cognitive states (executive functioning).
“He doesn’t have any remorse for what he does to me or anyone else.”	He is unable to put himself in someone else’s shoes and see another person’s perspective (abstract thinking).
“He never does what he’s asked to do.”	He forgets easily and needs to be given one step at a time along with many reminders (learning and memory skills).
“I just told him an hour ago not to do that because it was unsafe! And he just did it anyway and hurt himself.”	He cannot see what is coming next or predict outcomes ( $a+b=c$ ). He has limited impulse control (all executive functioning skills).
“She had no problem doing this last week! And today she says she can’t? I think she’s just trying to get out of it...”	She has on and off days (learning and memory skills).