

Resource Directory  
North Texas FASD Network  
Aug 2020; [Northtexasfasd@gmail.com](mailto:Northtexasfasd@gmail.com)

Note: This is NOT an exhaustive list; items listed are simply listed FYI.

Note: In TX, there is up to a 15-year wait list (“interest list”) for Medicaid Waiver programs. Proof of disability is required only after the expiration of the waiting period. Those with FASD generally need assistance with organization/time management/supervision far into adulthood, often lifelong. Accordingly, we recommend that those caring for a youth with FASD proactively include him/her on the wait list. To secure a spot, call 1-877-438-5658 to ask to be placed on the CLASS list AND call the local LIDDA to ask to be placed on the HCS list. To identify & contact your local LIDDA go to <http://apps.hhs.texas.gov/contact/search.cfm>. During both calls, ask for a confirmation letter to be mailed – and keep that letter!!!

## **Applications**

BARD, offered by the National Library Service (<https://nlsbard.loc.gov/login//NLS>) allows the disabled access to talking books from an iPhone, iPad or iPod touch. Texas participates in this program via its Texas Talking Book Program ([www.TexasTalkingBooks.org](http://www.TexasTalkingBooks.org)).

Bark ([www.bark.us](http://www.bark.us)). A monitoring tool for cell phones detecting predators, adult content, sexting, suicidal thoughts, drug use, cyberbullying, and etc.

Bookshare ([www.bookshare.org](http://www.bookshare.org)) offers free ebooks for qualifying students, including audiobooks with read-along highlighting. Services available to non-qualifying for annual fee.

Brainworks (<https://itunes.apple.com/us/app/brain-works/id524997517?mt=8>) provides the structure needed to make sensory breaks effective.

Breathe Kids assists with quiet focus and peaceful sleep/meditation (<https://itunes.apple.com/us/app/stop-breathe-think-kids/id1215758068?mt=8>)

ChoiceWorks (<https://itunes.apple.com/us/app/choiceworks/id486210964?mt=8>) is a picture-based tool assisting children in completing daily routines, understanding and controlling emotions and improving waiting skills.

Dragon Dictation and Notes Speech-to Text are apps designed to assist in writing directly from oral speech.

Lexia Reading ([www.lexiaforhome.com](http://www.lexiaforhome.com)) teaches reading via personalized phonics with constant assessment.

Zones of Regulation is an app designed to foster self-regulation.

## **Books on FASD (Selected)**

Brown, Julia and Mather, Mary. Foetal Alcohol Spectrum Disorders: Parenting a Child with an Invisible Disability is a straightforward guide (150 pages).

Kleinfeld, Judith (ed). Fantastic Antone Succeeds! and Fantastic Antone Grows Up! are both compilations of stories and essays writings by caregivers and those impacted by FASD.

Kuypers, Leah. Zones of Regulation is a program designed to help children identify & regulate their emotions. Not FASD-specific, but useful. Designed for school use, adaptable to home.

Malbin, Diane. Trying Differently Rather Than Harder is a seminal FASD book (80 pages).

Pei, Jacquie, Towards Healthy Outcomes: A Brand-New FASD Intervention Model is 50+ page book available free at <https://canfasd.ca/wp-content/uploads/2019/11/Final-Towards-Healthy-Outcomes-Document-with-links.pdf?fbclid=IwAR1Rd75sI6VnfYI0q7S5NTqufHvoR2xmslDFJNGrFmEAY7VXSjt1ajdy5IU>.

Rodger, Ellen and Rosie Gowsell. Fetal Alcohol Spectrum Disorder is an easy-to-read overview suitable for teens and young adults (48 pages)

## **Diagnostic Services**

Beadle, Crystal ([www.newbeginningsneuropsychology.com](http://www.newbeginningsneuropsychology.com)) in Frisco offers evaluations and consultation. She has experience with FASD.

Cook Children's Hospital in Ft Worth:

- Dr. Teasha-Lee Frattarelli in the Developmental Pediatrics Department at the Child Study Center at (search "Developmental Pediatrics" from [www.cookchildrens.org](http://www.cookchildrens.org))
- Dr. Mary Kukulich, Medical Director of the Clinical Genetics Center
- Dr. Shanti Nagireddi in Psychiatry (<https://cookchildrens.org/doctors/team/shanti-nagireddy>)

Double ARC Center for FASD ([www.doublearc.org](http://www.doublearc.org)) in OH offers multidisciplinary assessments, education, support and advocacy for families impacted by FASD – plus monthly caretaker telephonic meetings readily available to those outside OH.

Evans, Patricia, MD, of Center for Autism and Developmental Disabilities at Children's Health Dallas (as well as Children's Med Ctr of Dallas and Children's Health Specialty Ctr of Plano) offers assessments for developmental issues including FASD.

FASD Clinic, University of Minnesota (search "FASD" from [www.mhealth.org](http://www.mhealth.org)) offers multidisciplinary FASD assessments. (See Julia for more info.)

Genetics and Metabolism Clinic, University of Arkansas (search "Genetics" from [www.archildrens.org](http://www.archildrens.org)) offers FASD assessments. (See Angelle for more info.)

Pediatric Genetics and Metabolism Division at UT Southwestern Medical Center (from [www.utsouthwestern.edu](http://www.utsouthwestern.edu), select "Departments & Centers," then "Pediatric Genetics and Metabolism") in Dallas evaluates children with birth defects. (See Tiffany for more info.)

West TX DBC, Dr. Karen Rogers, Developmental & Behavioral Pediatrician in Lubbock (<http://www.palsdc.com>).

Texas Child Neurology, Dr. Gerald So, in Plano (<https://texaschildneurology.com/gerald-so-md>).

University of Washington offers fully remote diagnosis of FASD under some circumstances.

## **Finances**

ARC of Texas ([www.thearcoftexas.org](http://www.thearcoftexas.org)) helps those with a disabled family member successfully apply for needed services including financial and residence programs. As of Nov 2019, their State Advocacy Director is Ginger Mayeaux, MSSW, at 512-485-9746 and/or [gmayeaux@thearcoftexas.org](mailto:gmayeaux@thearcoftexas.org). ARC also offers a master pooled trust minimizing the cost of a special needs trust.

For Families of Special Needs, Inc., run by TJ Kroehle ([www.forfamiliesofspecialneeds.com](http://www.forfamiliesofspecialneeds.com)) assists the disabled and their parents with long-range financial plans, including applying for government programs.

Joint Conservatorship with TX is available to pay for needed residential care, after other means are exhausted. For more information, google TX Dept of Family Services' "Investigation and Referral to DSHS Residential Treatment Center Bed Resource Guide."

TexasABLE ([www.TexasABLE.org](http://www.TexasABLE.org)) offers Texans with disabilities (diagnosed prior to age 26) to save up to \$300K for disability-related expenses without losing eligibility for SSI, Medicaid and certain other public benefits.

True Link Cards ([www.truelinkfinancial.com](http://www.truelinkfinancial.com)) offers debit cards specifically designed for the disabled, allowing users to select the right level of support. They may be structured to work only at specific merchants (like grocery store and utilities), block certain types of transactions (like ATMs & telemarketers) and/or text/email alerts to the parent. They also reportedly use a visual aid that may be helpful for FASD kids.

Youth Empowerment Services (YES Waiver) is a TX Medicaid program providing intense services to prevent out-of-home placement. For more info, contact your county's Local Mental Health Authority (LMHA).

## **Lawyers & Legal Resources (FASD Informed)**

Disability Rights Texas (<https://disabilityrightstx.org/en/home/>) is THE state's nonprofit responsible for advocating for the legal rights of the disabled in TX. They provide assistance in a wide variety of contexts. One attorney, Alyse Mitchell, is familiar with FASD.

Dodd, Jackie (<http://www.doddlawtexas.com>) is an attorney in Allen practicing juvenile, family and education law. She has a child with special needs.

Edwards, William J., Public Defender in Los Angeles CA, travels the globe training attorneys on representing FASD clients in criminal proceedings. He can be reached at the Office of the Los Angeles County Public Defender, [wedwards@pubdef.lacounty.gov](mailto:wedwards@pubdef.lacounty.gov).

Journal of Psychiatry and Law devoted two entire issues to FASD and the courts: Volume 38 Issue 4, December 2010 and Volume 39 Issue 1, March 2011.

The National Council of Juvenile and Family Court Judges prepared a workbook for all involved in courts serving children and youth, including an overview of FASD, legal issues, victims, and parents with an FASD: <https://www.ncjfcj.org/wp-content/uploads/2016/04/NCJFCJ-FASD-Guide-Final-09062016.pdf>

Sims, Ervette (<https://www.texasbar.com/attorneys/member.cfm?id=204377>) is an attorney in Frisco practicing probate and juvenile law. She has an adult daughter with special needs.

## **Medical/Mental Health/Behavior Professionals (FASD Informed)**

“A Home Within” (<https://www.ahomewithin.org>) provides free counseling to former or current foster children. The counselor may/may not be FASD informed.

Alert Program ([www.alertprogramlearning.com](http://www.alertprogramlearning.com)), available online, uses strategies and routines to enhance emotional regulation so the disabled can better attend, learn, relax and work. The heart of the program is fee-based, but limited resources are free.

Block Center (<https://blockcenter.com>) in Ft Worth analyzes how food allergies may cause defiance, ADHD-type or autism-type symptoms, and remedies the same.

Dixon, Brian, M.D., ([www.progressivepsychiatry.org](http://www.progressivepsychiatry.org)) offers child & teen psychiatric services.

Goodnight, Kevin, BCBA ([www.vanguardprepschool.com](http://www.vanguardprepschool.com)) offers psychological to the neurodiverse population.

Harlow, Jim, LPC, ([www.jimharlowlpc.com](http://www.jimharlowlpc.com)) in Forney TX adopted 5 neurodiverse children, now adults. He offers counseling and equine therapy.

Hageman, James, M.D. offers psychiatric services near Austin TX and is extremely familiar with the Matthews Protocol (for violent kids).

IASIS offers Micro Current Neurofeedback ([www.iasistech.com](http://www.iasistech.com)), a low-intensity electrical stimulation to address a variety of neurological conditions that some have found helpful for children with FASD struggling with emotional regulation.

It's A Sensory World ([www.itsasensoryworld.org](http://www.itsasensoryworld.org)) in Dallas offers therapeutic & educational services for special needs kids, including a school, after-school, camp and drop-in activities.

Jones Center for Children's Therapy and Assessment ([www.jonesccta.com](http://www.jonesccta.com)) in Mansfield offers screening for Irlen syndrome, a vision disorder that may co-occur with FASD, treated with colored overlays or lenses.

Jones, Debra Delulio, M.Ed. ([debjonesconsulting@gmail.com](mailto:debjonesconsulting@gmail.com)) offers consultations and in-home intensive interventions using TBRI. She & her husband successfully raised a child with FASD, now an adult.

MacKay, Jana ([www.drjanamackay.com](http://www.drjanamackay.com)) in Las Colinas offers psychological evals and therapy, using TBRI. She has experience with FASD.

Portteus, Andrew, M.D. in Dallas offers psychiatric services and is familiar with MTHFR gene mutation and the Matthews Protocol.

Satori Learning Designs ([www.satorilearning.com](http://www.satorilearning.com)) offers training in avoiding or responding to physically aggressive children.

Smith, Christine, M.D. is a pediatrician in McKinney.

Stacy, Susan ([www.susanstacycounseling.com](http://www.susanstacycounseling.com)) in Dallas offers family and individual therapy for those raising a child with FASD. She does not bill insurance; sliding scale available; 214-987-1961.

Tyler, Terra, M.D. at Prestige Clinic in Allen offers psychiatric services for children and is familiar with the Matthews Protocol (for violent kids).

Zielinski, Tanya, M.D., in Grapevine (214-642-1588) offers psychiatric services and is familiar with the Matthews Protocol.

## **Professional Education on FASD**

American Academy of Pediatrics ([www.aap.org](http://www.aap.org)) offers a “FASD Toolkit” for use by **pediatricians, caregivers and interested persons**.

The Center for Disease Control offers five free online FASD training modules tailored to **healthcare workers and social workers**, with Continuing Education credit available. More information is at <https://www.cdc.gov/ncbddd/fasd/index.html>.

Provincial Outreach Program (POP) ([www.fasdoutreach.ca](http://www.fasdoutreach.ca)) is the British Columbia Ministry of Education provincial resource program designed to increase **educators’** capacity to meet the education needs of students with an FASD. It offers a wealth of free materials online.

The Substance Abuse and Mental Health Services Administration (SAMHSA, within the US Department of Health and Human Services) offers the evidence-based, 200-page “Addressing FASD: Treatment Improvement Protocol (TIP) Series 58” designed to assist practitioners (**medical, education, justice**, etc.) in understanding and treating those with FASD. It is available for free at <https://store.samhsa.gov/product/TIP-58-Addressing-Fetal-Alcohol-Spectrum-Disorders-FASD-/SMA13-4803>.

University of Missouri offers online training for professionals and families (free, or nominal fee if taken for CE credit) at <https://catalystlearningcenter.com> on these topics:

- Loving & Caring for a Person w/FASD
- Alcohol SBI Training for the **Healthcare** Professional
- Interprofessional Care for a Person w/FASD
- Pediatric and Maternity FASD Care Concepts for Family **Physicians**
- Role of Occupational Therapy w/FASD
- Role of the Obstetrician/Gynecologist in Preventing FASD
- Role of the **Physician Assistant** in FASD Prevention, Diagnosis & Treatment
- Role of **Social Worker** in FASD Prevention, Identification and Treatment
- Role of **Speech Language** Pathologist in Treating the Language and Feeding Issues of Children w/FASD

University of Washington online training for **medical** professionals diagnosing FASDs (Online \$110/person; in-person is free) <https://depts.washington.edu/fasdpn/htmls/online-train.htm> and <https://depts.washington.edu/fasdpn/htmls/team-train.htm>

YouTube offers:

- 1-hour training for **educators**, “Triumph: Educating Students with an FAS” offered by Double ARC’s Sister Suzette Fisher, who in 1992 co-founded Double ARC, the Ohio NOFAS Affiliate at <https://www.youtube.com/watch?v=hE--enwtgeI&feature=youtu.be>
- 1-hour training for **educators**, “Students with FASD: Simple Strategies for Behavioral and Academic Success” offered by Deb Evenson, a master teacher and behavior specialist, at <https://www.youtube.com/watch?v=65zuBANPYrI&feature=youtu.be>

## **Referral/Informational Organizations**

Answers For Parents (<http://www.answersforparents.com>) is a free referral service that suggests Residential Treatment Centers, Residential Programs, Therapeutic Boarding Schools, Traditional Boarding Schools, Wilderness Programs, Boot Camps and other programs for specific youth.

The ARC DFW Area (<http://www.arcgmc.org/home.html>) is a nonprofit promoting, protecting and advocating for the rights of those with intellectual and developmental disabilities including FASD. It offers educational materials, resources and annual conferences.

Community Resource Coordination Group (run by the North Texas Behavioral Health Authority at [www.ntbha.org](http://www.ntbha.org)) is a group of agencies, professionals and educators offering free meetings with families to develop a plan to address the psychosocial needs of their children. Some facilities give priority consideration to youth recommended for admission by CRCG.

Family to Family ([www.familytofamily.org](http://www.familytofamily.org)), based in Houston, provides information, referrals, and training to empower disabled children and youth to succeed.

Parent Companion ([www.parentcompanion.org](http://www.parentcompanion.org)) is a nonprofit referral organization for TX families with children age 0-5 who may have a disability.

Texas Parent to Parent ([www.txp2p.org](http://www.txp2p.org)) matches parents with experienced parents of similarly disabled children (including FASD), refers parents to resources, assists in advocating for services and offers workshops/conferences regularly.

Youth for Tomorrow ([www.yft.org](http://www.yft.org)) is a nonprofit offering a free online provider finder that can match a child's needs to local available programs.

## **Residential Facilities for Adults (FASD Friendly)**

"Creating Intersections: A Systematic and Person-Centered Harmonizing Framework for Housing Individuals with FASD" is a 100+ page analysis and listing of establishments in Canada housing FASD-impacted individuals published in 2018, available at <https://canfasd.ca/wp-content/uploads/2019/03/FASD-X-Housing-Pei-2018-Amended-March-04-2019.pdf>

FASD Communities ([www.fasdcommunities.com](http://www.fasdcommunities.com)). Currently located in Hawaii, Wisconsin & Montana.

LAUNCH Neurodiverse Housing is a private Facebook group dedicated to establishing a residential facility in TX for adults with neurological differences.

Plano City House runs a Transitional Living Program ([www.cityhouse.org](http://www.cityhouse.org)) designed for homeless youth age 18 to 21 – so parents must kick the youth out. It allows them to stay in a supervised home for up to 18 months provided they observe rules (no drugs, alcohol, etc.), attend life-skills classes and go to school or work.

## **Residential Facilities for Youth (FASD Friendly – Also see Transition to Adulthood below)**

Brehm Preparatory School ([www.brehm.org](http://www.brehm.org)) near St Louis is a small nonprofit boarding school for grades 6-12+ for students with language-based disorders, memory disorders, processing speed deficits, learning disabilities, emotional dysregulation, anxiety, depression and executive functioning challenges – all common with FASD kids.

Cal Farley ([www.calfarley.org](http://www.calfarley.org)) near Amarillo TX offers residential programs for boys and girls age 5-15 at no cost to families.

Devereux Advanced Behavioral Health ([www.devereux.org](http://www.devereux.org)) offers nationwide mental and behavioral health services, including two residential facilities in TX.

Meridell Achievement Center ([www.meridell.com](http://www.meridell.com)) is a psychiatric hospital near Austin TX with a neurobehavioral program appropriate for many FASD youth ages 11 and up.

Teen Challenge (<https://teenchallengetx.org>) offers reasonably priced year-round TX boarding schools near Austin for youth age 12-17.

Texas Neurorehab Center ([www.texasneurorehab.com](http://www.texasneurorehab.com)) is a medical treatment/behavior healthcare facility near Austin TX offering brain injury and residential psychiatric treatment for youth.

TX Health & Human Services offers residential care at the Residential Treatment Center Relinquishment Project for youth age 5 and up (search “children’s mental health residential treatment center relinquishment avoidance” at [www.hhs.texas.gov](http://www.hhs.texas.gov)). Admission requires referral by the TX Dept of Family and Protective Services (DFPS). Children adopted from TX fostercare are eligible for DFPS Post-Adoption services instead (search “post adoption” at [www.dfps.state.tx.us](http://www.dfps.state.tx.us) to identify the current provider for your county).

Waco Center for Youth (<https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/waco-center-youth>) is a TX state hospital offering residential psychiatric treatment for youth age 13-17.

Youth for Tomorrow (<https://www.yft.org>) assists in locating residential placements (but is not residential facility itself). Their online provider-finder is free.

## **School Advocacy & Consultation**

Advocate Well ([www.advocate-well.com](http://www.advocate-well.com)). Cynthia Singleton, parent mentor and speaker, is based in Houston and counsels clients via Zoom.

Center for FASD Justice & Equity ([www.fasdcenter.org/education/webinars](http://www.fasdcenter.org/education/webinars), then click on “Educational Equity”) is a national group focused on improving educational outcomes for those impacted by FASD. Free webinars available.

Educational Consultants (HSLDA) for homeschool students (<https://hsllda.org/content/>) has special needs/struggling learner expert consultants available for a fee.

Parent Intervention and Training (no website) offers educational training and consultation regarding students with FASD. Contact Deb Delulio Jones, M.Ed. at [debjonesconsulting@gmail.com](mailto:debjonesconsulting@gmail.com), who successfully raised her child w/FASD.

Partners Resource Network ([www.prntexas.org](http://www.prntexas.org)) is a nonprofit assistance and referral organization for TX families with children in SpEd. Organized by county, it offers free individual assistance, workshops and resources for TX families with disabled children under age 26. Under some circumstances, will send trained volunteer to accompany parents to ARDs.

“Reach to Teach” is a resource for parents and teachers in educating elementary and middle school children developed by the Substance Abuse and Mental Health Services Administration. Although it is no longer available on SAMHSA’s website, it is available elsewhere online including:

[http://www.ldanys.org/images/uploads/misc/1278434038\\_SAMHSA%20-%20Reach\\_To\\_Teach\\_Final\\_011107-1.pdf](http://www.ldanys.org/images/uploads/misc/1278434038_SAMHSA%20-%20Reach_To_Teach_Final_011107-1.pdf)

Special Education Boss ([www.specialeducationboss.com](http://www.specialeducationboss.com)). Karen Mayer Cunningham advocates for SpEd services for students. She's also a comedian.

SpedTEX ([www.spedtex.org](http://www.spedtex.org)) is a free information service on SpEd.

Texas Project First ([www.texasprojectfirst.org](http://www.texasprojectfirst.org)) is a project of the Texas Education Agency providing free SpEd info to families.

Understood is website with easy-to-read info and resources ([www.undertood.org](http://www.undertood.org)).

Wright, P.D. & Wright, P.W. (2006) Wrightslaw: From Emotions to Advocacy (Second Edition) Deltaville, VA, Harbor House Law Press is excellent book on SpEd.

## **Schools Alternatives**

Bridgeway Preparatory Academy ([www.bridgewaypreparatory.org](http://www.bridgewaypreparatory.org)) Free charter school in Carrollton offering personalized learning plans to diverse students PK to 4<sup>th</sup> grade.

Dallas Academy (<https://www.dallas-academy.com/#>) is a private school suitable for the neurologically diverse.

Devereax Glenholme School (above) in CT is a therapeutic boarding school for grades 5-12.

Einstein School ([www.theeinsteinschoolplano.com](http://www.theeinsteinschoolplano.com)) is a private nonprofit school in Plano offering individualized academics and social supports for students in grades 5-12.

Goodwill's Excel Center (<https://www.goodwillcentraltexas.org/excel-center>) offers online high school diplomas to those age 18-50 who dropped out or have a GED.

Great Lakes Academy (<https://www.greatlakesacademy.com>) is a private nonprofit school in Plano suitable for neurologically diverse students grades 4-12.

It's a Sensory World (below) offers private school.

Nature School of Fairview ([www.natureschooloffariview.com](http://www.natureschooloffariview.com)) is a private school focusing on incorporating nature into everyday learning, and meets mostly outdoors.

Oak Hill Academy ([www.oakhillacademy.org](http://www.oakhillacademy.org)). Private nonprofit school in Dallas offering customized academic and social-emotional programs for students K-12.

St Anthony School (<https://www.thestanthonyschool.com>) is a private nonprofit school in Carrollton offering customized academic and social-emotional programs for students K-12.

Vanguard Preparatory School ([www.vanguardprepschool.com](http://www.vanguardprepschool.com)) is a private therapeutic school in Dallas offering individualized curriculum and behavioral/social supports to neurologically impaired learners PK through HS.

## **Transition to Adulthood**

A Look Ahead ([www.alookaheadseries.com](http://www.alookaheadseries.com)), sponsored by The ARC DFW, offers quarterly 1-day conferences at FUMC Arlington providing information on programs & services for to the disabled for a nominal fee (\$10, lunch provided).

Best Buddies Texas (<https://www.bestbuddies.org/texas/>) has friendship and employment programs for individuals with developmental disabilities (including FASD). Their employment program assists youth in obtaining and maintaining employment. As of 2019, the Job Development Manager at the Dallas Office is Seanette Hayes at 214-242-9908.

College Living Experience ([www.experiencecle.com](http://www.experiencecle.com)) offers neurologically impaired youth needed support in academics, social skills, independent living and career development while earning a modified degree or certificate.

Grayson College ([www.grayson.edu](http://www.grayson.edu)) is a community college in Denison TX offering a variety of programs and majors, as well as a dorm/meal plan, at affordable prices.

Heroes ([www.heroesdfw.org](http://www.heroesdfw.org)) in Richardson offers day camps, respite overnights, retreats, transition services and more for disabled teens, young adults, and their families.

Job Corps (<https://www.jobcorps.gov>) is a nationwide residential program for youth age 16-24 (or older with documented disability) needing education and job training. The programs last 8-24 months, and serve over 101K youth annually in over 100 centers. It is free to income eligible students.

Landmark College ([www.landmark.edu](http://www.landmark.edu)) in Vermont caters to students “with learning disabilities ...ADHD, and autism.”

OPTIONS ([www.experienceOPTIONS.org](http://www.experienceOPTIONS.org)) in southern Illinois accepts FASD kids and offers employment readiness, independent living instruction, college support, and other services to those transitioning to adulthood.

Person-Centered Practices ([www.person-centered-practices.org](http://www.person-centered-practices.org)), and/or Microboards ([www.vela.org](http://www.vela.org)) establishes a committed group of family members and friends to meet periodically to assist the disabled in planning/managing their life: finances, employment, residence, social outlets, etc. This assists, and ultimately replaces, the parents’ role.

Plano City House (<https://www.cityhouse.org>) offers Youth Resource & Community Outreach for ages 16-21, plus Transitional Living Program for ages 18-21.

Region 10 Ed Service Center of TX is responsible for providing services to all schools and students within its geographic area (North TX). Its Transition Services office ([www.region10.org/programs/transition/overview](http://www.region10.org/programs/transition/overview)) serves all disabled students – not only those in public school. It offers a resource directory and telephonic advice on local services.

Segue Center of Dallas (<https://seguecenter.org>) offers full and part-time programs for high school graduates, including assessments and career selection.

Teen Challenge (<http://www.fortworthteenchallenge.org> and <https://teenchallengetx.org>) offers residential programs for youth age 18 and up.

Texas ChalleNGe Academy (<https://tmd.texas.gov/texas-challenge-academy>), run by the TX Nat'l Guard, offers youth age 16-18 a 5½-month free residential program (plus a 12-month nonresidential phase) while completing their education. It offers a taste of military life yet students incur no military commitment.

UNT-WISE ([www.wise.unt.edu](http://www.wise.unt.edu)) offers two summer programs for youths with disabilities age 16-22. Live & Learn is a 2-week program focusing on vocational planning, while College WISE is a 1-week program focusing on post-secondary education. Either is available for a fee; alternatively Live & Learn services may be available through TX Workforce Commission without cost to the youth or family.

## **Websites/Organizations/Podcasts on FASD**

Canada FASD Research Network (<https://canfasd.ca/caregivers/information-for-caregivers>) offers helpful guides and training, some are free -- including the 28-page "I am a Caregiver for a Person with FASD."

"Cognitive Supports" by Nate Sheets offers training, intensive therapy and many excellent free videos & podcasts on FASD at <https://cognitivesupports.com>.

Devine, Eileen (<https://www.eileendevine.com>) offers online FASD consultation services, workshops, training and a parent support group, for a fee, from the perspective of a social worker and adoptive parent of a child with FASD. Podcast "Parenting Kids with FASDs" (Podcast #40) is available at [www.theadoptionconnection.com](http://www.theadoptionconnection.com) without charge.

Double ARC Center (above; [www.doublearc.org/triumph-today](http://www.doublearc.org/triumph-today)) offers the "Triumph Today" series on how FASD impacts behavior, memory and daily living and offers parenting tips and techniques for a fee.

Edmonton and Area Fetal Alcohol Network offers the free "FASD Strategies not Solutions" booklet with practical tips for parents & caregivers, organized by topic, at <https://edmontonfetalalcoholnetwork.org/resources/strategies-not-solutions/>.

"Families Moving Forward" (<https://depts.washington.edu/fmffasd/>) was developed specifically for FASD families and its model has been validated by research.

FASD Network of Saskatchewan (<http://www.skfasnetwork.ca/resources>) offers a resource listing as well as free guides, "Tips for Caregivers," "Tips for Teachers" and the like.

Fetal Alcohol Syndrome Consultation, Education and Training ([www.fascets.org](http://www.fascets.org)) offers consultation, education and training in Oregon.

Flying With Broken Wings ([www.facebook.com/groups/FASDaFlyingwithbrokenWings](http://www.facebook.com/groups/FASDaFlyingwithbrokenWings)) is a Facebook Group for adults and older teens with FASD. Parents may also join to learn about how participants experience their disability.

Harris, Michael ([www.fasdelephant.com](http://www.fasdelephant.com)) offers FASD training, free podcasts & a newsletter from the perspective of a psychologist and foster parent.

International Conference on FASD is sponsored each spring by the department of Interprofessional Continuing Education at the University of British Columbia (<https://interprofessional.ubc.ca>). In even numbered years, it offers a track for adolescents and young adults living with FASD, plus one for their caregivers.

National Organization on Fetal Alcohol Syndrome ([www.nofas.org](http://www.nofas.org)) is a leading international nonprofit committed to supporting those impacted by FASD. Includes “Circle of Hope” supporting birthmothers of children with FASD.

Page, Aubrey (<https://www.aubreypage.org>) out of OH is a parent-turned-trainer/speaker specializing in FASD.

Proof Alliance ([www.proofalliance.org](http://www.proofalliance.org)) in Minnesota is the leading state-level nonprofit organization supporting those impacted by FASD with education, support and resources. Formerly known as MOFAS, it offers free on-demand webinars and an annual fall conference.

Teresa Kellerman of FAS Community Resource Center in AZ maintains websites “[www.come-over.to](http://www.come-over.to)” and Fetal Alcohol Syndrome Support, Training, Advocacy and Resources (FASSTAR) at [www.fasstar.com](http://www.fasstar.com)) offering many free education and resources for the FASD community.

University of Missouri offers online training for professionals and families (free, or nominal fee if taken for CE credit) at <https://catalystlearningcenter.com> on topics that include loving & caring for a person w/FASD.

YouTube “Dr. Larry Fisher, Disruptive Mood Dysregulation Disorder” to view presentation on dealing with physically aggressive kids.

## **Miscellaneous -- Products**

4 Paws for Ability ([www.4pawsforability.org](http://www.4pawsforability.org)) places service dogs trained to assist children with FASD specifically. Amongst other services, the dog will interrupt problematic behavior and replace it with direct interaction with the dog.

Canine Companions for Independence ([www.cci.org](http://www.cci.org)) places service dogs with the disabled, including the developmentally disabled, for free.

“Dinner Winner” is a special serving tray/plate for picky eaters, appropriate for preschooler/early elementary ages.

GPS Tracking devices include Angel Sense, Kidsport, Amber Alert GPS, Relay, and Gizmo Watch.

NOFAS has a Pinterest page (<https://www.pinterest.com/nofas/fasd-activity-resources>) with a multitude of helpful products for kids with FASD.

Visual timers makes time tangible, showing youngsters remaining time at a glance. One brand is "Ashley Productions Big Time to Go."

## **Miscellaneous -- Services**

Achievement Center of Texas (<https://achievementcenteroftexas.org>) offers daycare and services for youth and adults with a wide range of disabilities. Located in Garland, their website indicates that they are familiar with Fetal Alcohol Syndrome.

Adoption and Foster Care Ministry Wilshire Baptist Church in Dallas offers free monthly Parents Night Out (<https://www.wilshirebc.org/learn/adoption-and-foster-care/>) as well as a summer camp for foster & adoptive children age 3-8.

Camp Kodiak/Club Kodiak ([www.campkodiak.com](http://www.campkodiak.com) and [www.clubkodiak.com](http://www.clubkodiak.com)) in Canada offers summer programs (2:1 and 3:1 staff ratio) for youth/young adults with LD, ADHD and high functioning ASD.

Double ARC Center (above) offers a free monthly teleconference FASD parent group.

FASD Camp ([www.fasdcamp.org](http://www.fasdcamp.org)) offers traditional summer camp activities for kids w/FASD age 9-18. Held annually outside Chicago, the staff ratio is 2:1.

Hope Connection Camp at Texas Christian University (<https://child.tcu.edu/hope-connection-2-0/#sthash.v8wKPFw3.dpbs>) offers a summer camp experience for adoptive children, implementing the principles of Trust-Based Relational Intervention (a therapeutic approach).

Heroes ([www.heroesdfw.org](http://www.heroesdfw.org)) in Richardson offers day camps, respite overnights, retreats, transition services and more for disabled teens, young adults, and their families.

"My Martial Arts" with Tony Rios ([www.mymartialartsdfw.com](http://www.mymartialartsdfw.com)) is adaptive martial arts for those with special needs.

Set for Success ([www.setforsuccessco.com](http://www.setforsuccessco.com)) in CO advocates for accommodations for professional certifications/exams (GRE, CPA, real estate, etc.)

NOTE: This list is for informational use only. NTX FASD Network does not endorse or provide any specific therapy, treatment or product. Those selecting a provider from this list assume any risks in doing so, and are urged to check references and evaluate effectiveness for themselves.